



POOL RESCUE 2020 DEVELOPMENT SEASON

Welcome to this exciting surf lifesaving sport discipline.

Pool rescue competition forms 50% of a country's points at the lifesaving world championships (LWC) with the other 50% from traditional ocean & beach events.

Australia are the current world champions after narrowly defeating the reigning champs New Zealand in Dec 2018. The difference has been the points gained in these pool events so we are trying to grow this discipline & retain our world championship.

At club level it's fun and uses your swimming skills in a very different & interesting way. Plus, it's in a pool so we don't have the environmental issues surf sports normally faces.

Coaches

Carolyn Wilson 0402 451 160 – Australian SLS Pool Rescue Championship Referee

Siobhan Hall

Any assistance welcome

Team manager

Lisa Sertorini 0400 337 007 lisa@kwiknkleen.com.au

Training – Venue

Aqua Jetty outdoor pool

Commences – Saturday 15th August 2020

Saturdays 7.30 am – 8.30 am

Ages

U10 - masters (all welcome)

Bring a friend - the more the merrier!

Contact

Either contact coach or team manager

Facebook Page: [Secrets Pool Rescue](#)

Equipment

All to bring rubber fins for training (U14's & above can use club fibreglass fins when appropriate, under coach's guidance)

- swim cap
- goggles
- You will need to pay for pool entry unless you're an Aqua Jetty member.
- Warm clothes for after
- Snack post training
- Water bottle



Aquatic entry prices

Adult recreational swim	\$6.30
Child recreational swim	\$4.90
Concession recreational swim	\$4.90
Family recreation swim (two adults and three children)	\$17.20
Spectator	\$2
Spa, sauna and steam full price	\$10.50