

CRUSADER'S CORNER 05 Oct 18

FIRSTLY – BNZ Course

Guys we need those that are planning on doing their BNZ this season to get on to Facebook and let Matt Tonkin know they are planning on attending the course.

We have already kicked off the info night and we are swim times at the Aqua Jetty next week. **The first theory night is on the 15th Oct and the first wet session is on the 21 Oct.**

This is your only opportunity this season to gain your BNZ

Next – SRC Course

For those U14/15s that are intending to do your SRC you need to again **get on board for the SRC Camp 17/18 Nov.** We kick the SRC course on the 28th Oct (first day of Nippers) Would be awesome if all you guys can get your proficiency Swims completed at State Swim 14 Oct 12-1pm (200m in 5minutes)

Next – Wake park

I'm in the process of confirming numbers for the Wake Park for **SATURDAY 20 Oct – FOR U13s – U19s and our mentors** <https://www.trybooking.com/book/event?embed&eid=423795> to book. Cost is \$35 further info contained below. **PLEASE lets get in and confirm your spot.**

HAVE YOU RENEWED YOUR MEMBERSHIP?

IMPORTANT DATES

Bronze Training has Started First Theory Session 15 Oct and pool swims are underway see facebook for details

Patrols Commence THIS SUNDAY - The Patrol Roster is up on Facebook so please nominate for a patrol

Proficiency Swims for U13/14s State Swim 14 Oct 12-1pm (200m in 5minutes)

Requals – 4 Nov/24 Nov/ 01 Dec and 16 Dec at this stage 0900-1130. (9am sharp start)

SRC Course 17 and 18 Oct for our U14/15s – consent letter and payment details attached.

NRC (Nipper Rescue Certificate) for mums and dads to help out with nippers 17 Nov

Free Provide First Aid HLTAID003 16th and 23 Oct. You must attend both days and would be Awesome for our U15s and older Crusaders to attend. See face book for details.

Toad and Rise up Camp applications Close 31 Oct at SLSWA (applications need to be at the club by 22 Oct). Circulars attached

ARTC 1st and 8th Nov – See Face book for further details

Spinal Course 02 Oct – See Facebook for further details

Pain Management 4th Dec – See Facebook or further details

Rise up Camp 17-20 Dec

Toad Camp 14 – 17 Jan 19

Country Carnival – Denmark Australia Day Weekend

Crusaders Camp – Busso 9-10 Feb 19 – Consent letter attached.

As you can see there's heaps happening around the place and this list doesn't include carnivals and social events - so make sure you are connected to the club APP down load at:

https://www.moqproducts.com.au/sportsbag/faqs#hs_cos_wrapper_widget_5251624820

and also check the club calendar <http://secretharbourslsc.com/wp-content/uploads/2018-19-SHSLSC-Planning-Calendar-Final.pdf>

Surf Sports Training is also up and running with the guys and girls training during the week and on Sunday mornings from 9am. If you're interested in getting into some train please contact Head Coach Mark Muir at mark.lynaire@bigpond.com.

There's also boxing Monday nights U14+ 6-7pm and for 15+ core body fitness on Wednesdays 6-7pm at the club if your keen.



PERTH WAKE PARK OUTING U13-19 and MENTORS – season kick off outing Saturday 20 OCT



I've confirmed out booking for the Perth Wake Park for 20 Oct 8am-10am. Is an exclusive 2 hr Wake/Knee board session. The session will accommodate from beginners to expert. Cost \$35 for participants (that includes our **Crusaders Mums and Dads if they are keen**) Spectators are Free and food is available at the Wake Park Café.

<https://www.trybooking.com/book/event?embed&eid=423795>.

SRC and BNZ COURSES

SRC U14 CAMP

For our new Under 14s we will be kicking our Sunday morning in preparation for your SRC Assessment in Late Nov. We camp at the Club and the camp is booked for the 17 and 18th. Please make sure you are available to attend – it's an overnighter and has historically been a mountain of fun. As with last year our new SRCs will participate in an exercise with Rocking Volunteer Sea Rescue off Point Peron. **See attached Parent Consent letter.** Payments can be made at <https://www.trybooking.com/book/event?embed&eid=425944>

Surfguard tells me that there should be 27 of you that are new U14s that should be on this camp....

What I need you to do is to get your own SLS Members Portal so you can access the online learning.

Its pretty easy – but one thing of NOTE is that you need your OWN email address – if can't be mums or dads or anyone else's – if you don't your certificates will not be printed in you name!

So if you could go to the SLSA Members Area <https://members.sls.com.au> and create an account in preparation for the camp that would be awesome.

BNZ/ADULT SRC

This years BNZ/SRC Course kicks off Monday 01 Oct at the club commencing 6:30 pm and will run Monday nights and Sunday Mornings through to 15 Dec at this stage. As with last year our new BNZ/SRCs will participate in an exercise with Rocking Volunteer Sea Rescue off Point Peron.

According to Surfguard we have 23 Crusaders from last season that should be on this Course. Make sure you nominate of this course. Message me if you are not sure.

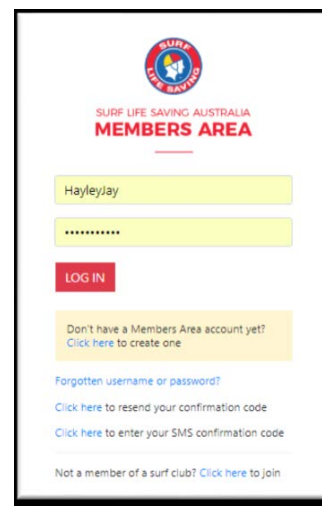
YOU WILL ALSO NEED YOUR OWN LOG IN for the MEMBERS PORTAL so you can access the online elearning.

So if you could go to the SLSA Members Area <https://members.sls.com.au> and create an account in preparation for the camp that would be awesome.

Cost for Adults BNZ is \$100 and for Cadets is \$60. Adult SRC no Charge
Bronze requirement is 15 on the day of assessment (15 Dec)
Prerequisite is 400m pool swim in 9minutes

SRC requirement

Prerequisite is 200m pool swim in 5 minutes



IMPORTANT CIRCULARS and CLUB LETTERS

YOUTH DEVELOPMENT CAMPS RISE UP and TOAD Applications CLOSE 31 OCT 18 at SLSWA and need to go via the CLUB.

I HAVE ATTACHED THE CIRULAR below.

- **SLSWA Circulars can be found at: <https://www.mybeach.com.au/members/circulars-and-bulletins/>**

As many of you would know that Rise up and Toad camps are awesome opportunities.

The Rise Up Camp is designed to cater for **15 and 16 year** old members. This camp provides an opportunity for members to participate in a wide range of physical and social activities that will develop personal leadership skills.

Age Group: U17s

Venue: Pemberton Camp School, Pemberton

Date: 17 – 20 December 2018

Teamwork, Opportunity and Development (TOAD) Camp



The TOAD Camp is a development program open to **13 and 14 year old members**. The camp is designed to expose participants to a variety of skills and activities that will enhance and encourage their development within our organisation.

Age Group: U14s and U15s

Venue: Kingstown Barracks, Rottnest Island

Date: 14 – 17 January 2019

Camp Leader Positions The camps also provide some excellent opportunities for our older guys and girls to become camp leaders and I strongly encourage you to pursue the opportunity. If you keen drop me a line and we can have a chat about what it entails.

Club volunteers are invited to apply for camp leader positions on these camps. This is a great opportunity to enhance leadership skills and clubs are asked to identify and encourage members that they believe would be suitable for this role.

All Camp Leaders must have the following pre-requisite qualifications:

- Be a minimum of **18 years of age**.
- Be a current registered member of an SLSWA club.
- Possess a Current Bronze Medallion.
- Possess a Current Western Australian Working with Children Check

Crusaders (Cadet U14/U19) Camp – Legacy on Geographe 08 – 10 Feb 2019

This camp is an awesome opportunity for the team to get together. It's held at Legacy on Geographe, 128 Caves Road, which is nestled on five acres, 11kms south of Busselton on the edge of Geographe Bay. The Camp is scheduled to begin on Friday 08 Feb 19 at 5pm and conclude around 4:30pm Sunday 10 Feb 19. The camp will expose Cadets to broader opportunities within Surf Life Saving and is a fitting reward for the cadets for their commitment over the summer month

Consent form for the camp is attached and the cost is \$100. Payment s can be made at <https://www.trybooking.com/book/event?embed&eid=426872>

Lets get cracking with completing the Paper work – booking the Wake Park and making our payments for the SRC or Crusaders Camps

Also look for some interest in IRB completion. I plan to kick off training in Nov. You will need to be 15 to be involved in this, being gaining or have your BNZ and be keen to achieve an IRB Crew award or hold the award.

Hope to see you all down the beach and at the Wake Park on the 20 Oct. Any questions please give me a call on 0418472827 or email williamsajgm@bigpond.com. Thanks Team